## ANNEX 1

List of Fourteen Allergenic Food Ingredients

1. Celery
2. Cereals containing gluten (includes wheat, rye, barley and oats)
3. Crustaceans
4. Eggs
5. Fish
6. Lupin
7. Milk
8. Molluscs
9. Mustard
10. Nuts (includes almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts)
11. Peanuts
12. Sesame seeds
13. Soya
14. Sulphur dioxide (used as a preservative in dried fruit, meat products, soft drinks and wine).
